

Child Nutrition Services Announces <u>FREE LUNCH MEALS</u> for all Enrolled Students for the 2021-2022 School Year

The USDA has approved <u>universal free lunch meals</u> for all students enrolled in the Coronado Unified School District for the entire year regardless of meal status. No applications will be needed to receive the free daily lunch meal. We will be taking proper precautions with increased sanitation and cleaning procedures. This will include, but not limited to, students sanitizing hands prior to getting food, sanitizing hands prior to exiting the line, CNS staff sanitizing the salad bar and all contact surfaces between grades and changing tongs between grades as well.

We will be providing <u>FREE</u> bulk breakfast meals (5 days' worth of milk, fruits, cereal, yogurt, crackers, and cheese) for pick up once per week for all children between the ages of 1-18 years old. This will be available at Village Elementary (on H Street) and Silver Strand Elementary on Tuesdays, after school, until 4pm.

We are thrilled to be back to business as normal and are excited to see the students again. Here in the Child Nutrition Services Department, we go a step beyond to ensure your child is getting the most health conscious and appealing food we can provide. All items we serve are made with whole grains. We serve only 100% beef and chicken products, with minimal to no fillers, by-products, or textured vegetable proteins. For a better understanding of our program, school site menus, and what we have to offer, please visit our website <u>here</u>. The "Why Eat School Lunch" Brochure on the website is a great resource to understand our regulations for the program because we can't just serve anything!

At the <u>Elementary School</u> level, each student will be able to come through the lunch line and get one free lunch per day. This includes the choice of one entrée, one milk, one juice, and whatever fruits/vegetables they would like from the salad bar. We will only be offering whole fruits and packaged vegetables at this time.

No second meals will be allowed for purchase to ensure all students are able to get a first meal if they desire. If students are still hungry, the salad bar is buffet style, and they may go through for seconds on any of the fresh fruit/vegetable options for the day.

At the <u>Middle and High School</u> level, each student will be able to come through the lunch line and get one free lunch per day. This includes the choice of one entrée, one milk, one juice, and whatever fruits/vegetables they would like from the salad bar. We will only be offering whole fruits and packaged vegetables at this time. The student will enter in their student ID number to get their free daily lunch. There is a nutrition break where students may purchase a la carte items, such as snacks and drinks, using their pin number or cash. The lunch period also has a la carte items along with the featured lunch specials. A la carte snacks will be denied if there is no money or a negative balance on the student's account. No second meals will be allowed for purchase to ensure all students are able to get a first meal if they desire. If students are still hungry, the salad bar is buffet style, and they may go through for seconds on any of the fresh fruit/vegetable options for the day.

Payments for a la carte sales may be made by cash or check in the "CNS Deposit" box at each of our school offices. For your convenience, credit card charges can be made online by logging on to <u>www.ezschoolpay.com</u> and setting up an account. You can view your child's account balance anytime and receive reminder emails. In addition, those who have a smart phone

can download the EZSchoolPay app to make payments and check balances for your child's meal account even easier.

We hope you enjoy what we have to offer and please feel free to contact me with any questions you may have.

Sincerely,

Charity Campbell, MS, RD, SNS Director, Child Nutrition Services (619) 522-8907 x2085 charity.campbell@coronadousd.net

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