

January 13, 2017

Dear Islander Families,

Congratulations, students, on your completion of the first semester of school year 2016-17! Teachers are at work today grading papers and planning for Spring Semester. If you/your student was absent for a final exam or project due to illness, please communicate with the appropriate teachers to make arrangements to account for missing work. Grades will be posted on Synergy and mailed next week. Enjoy a long weekend!

**Though our students do not have class today, we have a number of events featuring winter athletes:**

3:30 PM@Cathedral: JV Girls' Soccer v. Cathedral  
3:30 PM@Coronado: JV Girls' Basketball v. Point Loma  
5:00 PM@Coronado: JV Boys' Basketball vs. Point Loma  
6:00 PM@Coronado: Varsity Girls' Soccer v. Cathedral  
6:00 PM@Point Loma: Varsity Girls' Basketball v. Point Loma  
7:30 PM@Point Loma: Varsity Boys' Basketball v. Point Loma

**Our CHS ASB is promoting Varsity Girls' and Boys' Basketball games at Point Loma High School by encouraging our students to "Pack the Gym!"** We look forward to supporting our student athletes and fans tonight at Point Loma. We remind students to represent Islander Pride with respect, safety, and good sportsmanship. The spirited competition and rivalry between PLHS and CHS basketball teams has resulted in safety concerns in the past. Point Loma High School will promote welfare of students and families in attendance with added security and San Diego Police Department presence, and CHS administrators will attend the competitions tonight with an additional security guard. Noisemakers and posters/signs are not permitted in the Point Loma High School gym this evening. In the best interests of our students' safety, we encourage students to exit the Point Loma High School gymnasium and neighborhood efficiently and drive safely home. Go Islanders!

**Upcoming Events:**

Please join the high school counselors for a **college planning meeting**. The counselors will discuss the report of your student's PSAT (Preliminary SAT) scores. It would be helpful if you bring your student's PSAT report to this meeting for an interpretation of the scores. Information will be presented regarding college admission requirements, college entrance examinations, and the college selection process. The counselors will be providing the same information to your student in his/her history class.

Please plan to attend one of the following meetings:

Jan 17—Parents of ninth and tenth grade students

Jan 18—Parents of eleventh grade students

The meetings will take place in the high school theatre (located at the corner of 6th and D streets) at 6:30 PM. If you have students in more than one grade, you need only attend one meeting. If you are unable to attend, but would like information regarding your student's PSAT results and college planning, please call/email for an appointment with your student's counselor.

January 16, Monday: Martin Luther King, Jr. Holiday

January 17, Tuesday: First day of new semester, regular school day.

January 17 and 18: Counselors' PSAT Parent Nights, 6:30 PM in the CHS Theatre

January 19, Thursday: Late-Start Schedule

January 20, Friday: Winter Pep Rally and Schedule

January 21: Winter Dance, 6-9 PM, FLUXX Downtown

February 16: NJROTC Islander Company Annual Inspection

February 24: CHS Strategic Planning/LCAP Review

February 27: **Freshman Fitness for Life "What Goes Around" Presentation sponsored by Kaiser Permanente on Monday February 1:** As part of the freshman Fitness for Life

curriculum, freshmen will attend a special assembly on STD and HIV prevention next month. Kaiser describes this awareness presentation as: ***Kaiser Permanente's STD/HIV Prevention Program is designed for grades 9-12. The program uses technology and references social media as a way of engaging students while providing health information about sexually transmitted diseases in a topical way. Students hear the facts and myths about STDs and see how the choices they make have a lasting impact on the lives of other people. The program supports the Health Education Content Standards for California Public Schools in the areas of mental, emotional and social health; injury prevention and safety; and growth, development and sexual health.*** For more information please see the following link (<https://etsoutherncalifornia.kaiserpermanente.org/?cat=16>) and contact us with questions or concerns.

February 27, 6PM: PTO Meeting and Parents' Book Club Discussion: We will be discussing the book **A Survival Guide to Parenting Teens: Talking to Your Kids About Sexting, Drinking, Drugs, and Other Things That Freak You Out** by Joani Geltman (see more information on Amazon here: [https://www.amazon.com/Survival-Guide-Parenting-Teens-Drinking/dp/0814433669/ref=sr\\_1\\_2?s=books&ie=UTF8&qid=1483989600&sr=1-2&keywords=parents+teens+drugs](https://www.amazon.com/Survival-Guide-Parenting-Teens-Drinking/dp/0814433669/ref=sr_1_2?s=books&ie=UTF8&qid=1483989600&sr=1-2&keywords=parents+teens+drugs))

[A Survival Guide to Parenting Teens: Talking to Your Kids About Sexting, Drinking, Drugs, and Other Things That Freak You Out: Joani Geltman: 9780814433669: Amazon.com: Books](https://www.amazon.com/Survival-Guide-Parenting-Teens-Drinking/dp/0814433669/ref=sr_1_2?s=books&ie=UTF8&qid=1483989600&sr=1-2&keywords=parents+teens+drugs)

[www.amazon.com](http://www.amazon.com)

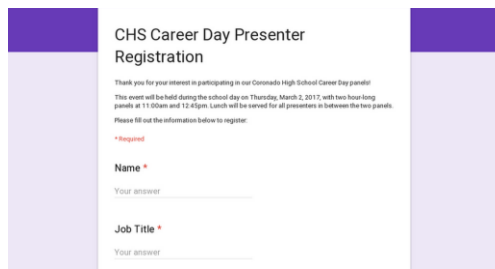
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Buy A Survival Guide to Parenting Teens: Talking to Your Kids About Sexting, Drinking, Drugs, and Other Things That Freak You Out on Amazon.com ✓ FREE SHIPPING on qualified orders

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March 2: Late-Start Thursday/Career Day Panels: We need YOU to talk about your career path! We are looking for a wide range of types of vocations to represent to our students on panel discussions. If you are free between 10:00 and 2:30 on that day, please sign up here: <https://goo.gl/forms/UzksSL8rfNHDbMD3>. There will be two hour-long panels, with lunch provided in between. Thank you for your support of our students!

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The image shows a screenshot of a Google Form titled "CHS Career Day Presenter Registration". The form includes a thank you message and event details. It has two required text input fields: "Name" and "Job Title".

CHS Career Day Presenter Registration

Thank you for your interest in participating in our Coronado High School Career Day panels!

This event will be held during the school day on Thursday, March 2, 2017, with two hour-long panels at 11:00am and 12:45pm. Lunch will be served for all presenters in between the two panels. Please fill out the information below to register.

**\*Required**

**Name \***  
Your answer

**Job Title \***  
Your answer

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goo.gl

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Thank you!

*Jenny*

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